

Let's End Epilepsy Stigma

Share the truths behind the myths

MYTH

"You are born with epilepsy."

TRUTH

Anyone can develop epilepsy at any point in their life.

In fact, it is most common in young children and older people.¹

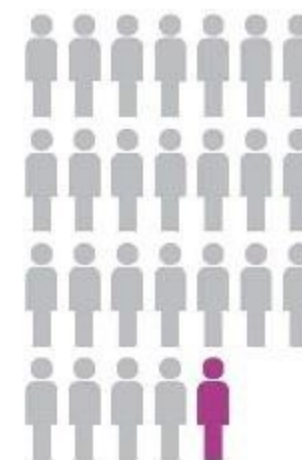


MYTH

"Epilepsy is rare."

TRUTH

In the US, 1 in 26 people will develop epilepsy, and an estimated 3 million Americans are living with epilepsy today.¹



MYTH

"Epilepsy is contagious."

TRUTH

You simply cannot catch epilepsy from another person.²

